CHOICE BASED CREDIT SYSTEM (CBCS)

FOR

PSYCHOLOGY

M.PHIL. SEMESTER – I & II PROGRAMME

(In force from June – 2010)

PSYCHOLOGY – CBCS

1. CORE COURSE, (CCT)
2. ELECTIVE COURSE, (ECT)
   (In force from June – 2010)

DEPARTMENT OF PSYCHOLOGY
SAURASHTRA UNIVERSITY
UNIVERSITY CAMPUS
UNIVERSITY ROAD
RAJKOT- 360 005 (GUJ.), INDIA.

YEAR – 2010
Regular students can opt M.Phil. Semester I & II for Psychology M.Phil. Programme. There shall be 04 (Four) Courses and 20 Credits in Psychology. There will be two courses with 08 Credits in each Semester. Each Course is carrying 100 marks. M.Phil. Psychology Degree is considered of 400 marks with 20 Credits. Each Course requires 4 Credits. Where as Dissertation requires 8 Credits.

- **Allocation of Hours for Course Teaching**  4 Credits
  
<table>
<thead>
<tr>
<th>Unit-I</th>
<th>Unit-II</th>
<th>Unit-III</th>
<th>Unit-IV</th>
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<tbody>
<tr>
<td>12 hours</td>
<td>18 hours</td>
<td>18 hours</td>
<td>12 hours</td>
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<tr>
<td><strong>60 hours</strong></td>
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- **Allocation of Hours for Dissertation**  8 Credits
  
  1. Personal Guidance 40 Hours
  2. Field Work & Report Writing 80 Hours

- **Marks assigned and its division into External & Internal Examination**:
  
  1. External Exam marks 60
  2. Internal Exam Marks 40

  Total 100 Marks

- **Design / Structure of Semester-end Examination**:

  1. **Scheme For Internal Examination**  40 Marks
     
     1. Assignment Writing 10 Marks
     2. Seminar paper presentation 10 marks
     3. Internal Examination 10 marks
     4. Teaching work for M.A. Degree 10 marks
2. **Scheme for External Examination** 60 marks
   i. Long question 20 Marks
   ii. Short question 20 Marks
   iii. Short Notes 20 Marks

3. **Marking Scheme for Dissertation** 100 Marks
   I Thesis Main Body
   II Vava-voce Examination

At present only an external examiner evaluates the dissertation by the way of marks.

★★★
### M.phil. Semester-I & II Programme

( In force from June – 2010 )

<table>
<thead>
<tr>
<th>No.</th>
<th>Course Code</th>
<th>Name of Course</th>
<th>Credits</th>
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<tr>
<td>1</td>
<td>CCT-01</td>
<td>Research Methodology &amp; Statistics</td>
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<td>2</td>
<td>ECT-01</td>
<td>Personality Measurement</td>
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<td>OR</td>
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<td>Psychology of Effective Teaching</td>
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<td>Psychology of Communication</td>
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<tr>
<td>3</td>
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### Session

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<td>Each day the 5th hour can be used for seminar/ Presentation etc.</td>
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<td>Saturday</td>
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M.PHIL. Semester-I
CCT-01 Psychology- CBCS – Research Methodology & Statistics
Psychology – CCT - 01
(In force from June – 2010)

Internal = 40 Marks]                                          [ External = 60 Marks

Unit-I

1. **Research Methodology** :
   

2. **Research Problem and Research Design** :
   
   What is a Research problem ? Selecting the problem-Necessity of Defining the problem - Technique Involved in Defining problem.


Unit-II

1. **Sample Design**

   Census and sample survey - Implications of a sample Design-steps in sampling design - Criteria for selecting a sampling procedure - characteristics of a Good sample design- Different types of sample designs - How to select a Random sample ? Complex Random sampling designs.
2. Interpretation and Report Writing:


Unit-III

1. Testing of Hypotheses:

What is Hypothesis? Basic concepts concerning Testing of hypotheses - Types of Hypotheses - 't' test and $\chi^2$ test. other relevant testing Methods.

2. Cor-relation and its methods:

Special correlations - Biserial correlation - Point biserial- Tetrachoric- Pre-correlation - Partial & Multiple correlation.

Unit-IV

1. Analysis of variance (ANOVA):

What is ANOVA? - The Basic Principle of ANOVA - ANOVA - Technique - One-way- Two way & Three ANOVA - Hypothetical example of ANOVA. Means difference Tests e.g. LSD etc.

2. Analysis of Co-variance & other Techniques:

REFERENCES


1. Approaches to the study of Personality:
   - General Introduction to the concept of personality
   - Biological / Type Approach - Theories of Krestschmer, Sheldon and Eysenck - A Brief Introduction.
   - Psychoanalytic Approach - Theories of Freud, Jung, Adler and Murray - A Brief Introduction.
   - Behavioural & Social - cognitive Approach - Theories of Skinner, Bandura and Walter Mischel - A Brief Introduction.
   - Evaluation of all the Approaches.

2. Personality Measurement through Self-Report Inventories:
   - Approaches of inventory construction
   - Content Validation Approach - Woodworth’s Personal Data Sheet, Mooney Problem Checklist and Bell Adjustment Inventory.
   - Empirical Criterion Keying Approach - MMPI and CPI
   - Rational - Theoretical Approach - Edwards Personal Preference Schedule, Jackson's Personality Research Form (PRF).
3. Personality Measurement through Projective Techniques:
   - Nature of Projective Techniques
   - Rorschach’s Inkblot Test
   - Thematic Apperception Test (TAT)
   - Verbal Projective Tests
   - Expressive Techniques
   - General Evaluation of Projective Techniques

4. Personality measurement through Non-Test Instruments:
   - Nature of Behavioural Sample Techniques
   - Observation Method
   - Situational Tests - CEI, OSS etc.
   - Rating Scales
     - Types of Rating Scale
     - General Evaluation of Rating Scales
   - Issues in the Personality Measurement.
   - Howard S. Friedman and Miriam W. Schustach (2004),
   - Lorenze A. Pervin (1990), Handbook of Personality : Theory and Research, New York : Guilford Press
   - Quammer Hussain, "Personality Measurement.
   - Sarason, "Contemporary Research in Personality."
   - डे. ज्य. देसाई, ‘मनोविज्ञानिक मापन’, अमदाबाद : प्राथमिक बोर्ड.
   - कुलमन डे. ब्रह्म, ‘अजीतसी सिद्धांत’, अमदाबाद : प्राथमिक बोर्ड.
   - श्री. अं. परीप, ‘मनोविज्ञानना संप्रदायो अने सिद्धांतो’ अमदाबाद : प्राथमिक बोर्ड.

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M.PHIL. Semester-I
ECT-01 Psychology - CBCS - Psychology of Effective Teaching
Psychology - ECT-01
( In force from June – 2010 )

Internal = 40 Marks]  [ External = 60 Marks

Unit : 1.

1. Psychology and the educative process
2. You as a teacher

Unit : 2.

1. Teaching Behaviour
2. Teaching strategies

Unit : 3.

1. Managing Teaching
2. Motivation and discipline

Unit : 4.

2. Reasoning - Types of Reasoning - Patterns of Reasoning- Performance - Three Approaches to the study of Reasoning.

REFERENCES :

3. Ereig et al. : Contemporary Educational Psychology.


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### Internal = 40 Marks

<table>
<thead>
<tr>
<th>Unit : 1.</th>
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</thead>
<tbody>
<tr>
<td>1. Psychology and Communication</td>
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<tr>
<td>2. Introduction to the study of Language Development</td>
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<table>
<thead>
<tr>
<th>Unit : 2.</th>
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</thead>
<tbody>
<tr>
<td>1. Language perception and thought</td>
</tr>
<tr>
<td>2. Language Development in Special populations.</td>
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<tr>
<th>Unit : 3.</th>
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<tbody>
<tr>
<td>1. Communication in small groups.</td>
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<tr>
<td>2. Mass Communication</td>
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<tr>
<th>Unit : 4.</th>
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<tbody>
<tr>
<td>1. Theories of Communication</td>
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<tr>
<td>2. Barriers to communication and effective communication.</td>
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### REFERENCES:


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M.PHIL. Semester-II
ECT-02 - Psychology-CBCS - Psychology of Mental Hygiene
Psychology-ECT-02.
(In force from June – 2010)

Internal = 40 Marks]                                          [ External = 60 Marks

UNIT-1.

1. Nature scope and Principles of Mental Hygiene
2. Mental Hygiene Movement.

UNIT-2.

1. Nature of Mental Disorders
2. Preventing Mental Disorders.

UNIT-3.

1. Major Approaches to Psycho-therapy.
2. Promoting Mental Health Specially in Family, in Education, in Society, in Industry and in one-self.

UNIT-4.

1. Stroke : Demographics - classification of stroke - Psychological Impact of a stroke - cognitive sequence of stroke - memory - Psychological Adjustment & others etc.
2. Sleep and Insomnia in later life :
   Insomnia : Diagnosis - Natural History - sleep & ageing - origins of late-life insomnia - Managing sleep and Insomnia Psychological Theories - Action Programme for Mental Health.

REFERENCES :


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UNIT-1.

1. Foundation of Organizational Behaviour:
   Concept of organizational behavior - Nature of OB, contributing
   Disciplines to organizational Behaviour - Role of Organizational
   Behaviour - Foundations of OB.

2. Personality:
   Meaning - Aspects of Personality.

UNIT-2.

1. Attitudes:
   The nature and dimensions of attitudes - Job Satisfaction :What is
   Job satisfaction ? Influence on Job Satisfaction - out come of Job
   Satisfaction. Organizational Commitment : Meaning and Outcome
   of organizational Commitment.

2. Motivation:
   Meaning of Motivation - Primary Motives - General Motives -
   Secondary Motives - Maslow's Hierarchy of needs - Herzberg's
   theory - Alderfer's theory.

UNIT-3.

1. Occupational Stress:
   Meaning of Stress - Causes of Stress - Effects of Occupational
   Stress - Coping Strategies for Stress.

2. Leadership:
   The roles of and activities of leadership -leadership skills.
UNIT-4.

1. Communication & Decision making:
   Communication Technology - Non-verbal communication -
   Interpersonal communication - Downward Communication -
   Up[ward Communication - Decision making: nature of Decision
   making - Techniques.

2. Organizational Climate:
   Organizational Climate: Concept of Organizational Climate - Factors
   in Organizational Climate - Impact of Organizational Climate.

REFERENCES:

1. Fred Luthans: Organizational Behaviour.

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UNIT-1.

1. Looking At Psychology from A positive perspective
2. Western & Eastern Perspective on positive Psychology.

UNIT-2.

1. Developing Strengths and Living Well in a Cultural Context
2. Living Well At Every Stage of Life.

UNIT-3.

1. Seeing our futures through self-efficacy, optimism and Hope.
2. Balanced conceptualizations of Mental Health and Behaviour.

UNIT-4.

1. Good work : the Psychology of Gainful Employment
2. Positive Look at the future of Psychology.

REFERENCES :


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